The Water Cycle

A Healthy Water Cycle needs a Healthy Environment

Healthy = Absorption
Rain falls on plants, trees and mulch
Water soaks in for plants to use
Fills water stores underground
Soil is not washed away
Plants and animals thrive

Unhealthy = Erosion
Rain falls on hard, bare soil
Water washes down hill taking soil away
Flooding and silting up of rivers down hill
Water table is not re-filled
Springs and wells dry up

Everything works Together
Think ahead & plan for the future
See the whole picture

Sustainable Nutrition Manual by Stacia Nordin, editing & illustrations by Sarah Beare
Funded by World Food Program Malawi, 2016. Download (free) from www.neverendingfood.org